

# LWE 225 - DEFENSIVE TACTICS

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- Identify their best learning modality.
- Critique real-life situations based on course concepts.

## Course Description

Students learn subject control with new mandatory guidelines from MCOLES (Michigan Commission on Law Enforcement Standards). Students will understand survival mindset, tactical communication, fear/anger management, and post force incident responsibilities. Student will demonstrate proficiencies in 14 defensive tactics outcomes specific to the career of Law Enforcement and will be assessed through written, Practical and Scenario based testing. Student must be registered with LWE coordinator prior to class enrollment and be in excellent physical condition. Group 2 course.

## Credit Hours

4

## Contact Hours

5

## Lecture Hours

2.5

## Lab Hours

2.5

## Required Prerequisites

Must be approved by MCOLES and registered with the Director of the Police Academy prior to enrollment.

## Course Learning Outcomes

### Knowledge:

- Describe the fundamentals of fitness and wellness.
- Describe the relationship of physical and mental health and performing the duties of a police officer.

### Application:

- Demonstrate their proficiency in 13 different defensive tactics outcomes.
- Articulate methods of evaluating their body makeup and set personal limitations while recognizing room for improvement.

### Integration:

- Explain department and society's expectations in the use of force by a police officer.

### Human Dimension:

- Articulate the role that Police Officers have in situations and the need for mental and physical preparedness.
- Create a personal health plan to maintain fitness and mental stability.
- See him/herself as an officer.

### Caring - Civic Learning:

- Describe the role that stress has in policing and being able to determine risk / reward in physical encounters.
- Describe societal changes in expectations of police officers and how they affect the enforcement of the law.

### Learning How to Learn: