

HNR 251 - MENTAL HEALTH NURSING - LEC

Course Description

This course is designed to enable the student to better understand behavior exhibited by persons with mental disorders. Classifications, causes, and symptoms of mental diseases are presented and treatments such as individual, group, and activity therapies are explored. Emphasis is placed on the ways by which the nurse determines, develops, implements, and evaluates a therapeutic environment for the client. The implementing of theories of human behavior is the scientific aspect of mental health-psychiatric nursing; the purposeful use of the self in the performance of care is the artful aspect. The goal is preventative and corrective impact upon mental illness and the restoration of optimal mental health for individuals. Group 2 course.

Credit Hours

2

Contact Hours

2

Lecture Hours

2

Corequisites

HNR 252