HNR 251 - MENTAL HEALTH NURSING - LEC

Course Description

This course is designed to enable the student to better understand behavior exhibited by persons with mental disorders. Classifications, causes, and symptoms of mental diseases are presented and treatments such as individual, group, and activity therapies are explored. Emphasis is placed on the ways by which the nurse determines, develops, implements, and evaluates a therapeutic environment for the client. The implementing of theories of human behavior is the scientific aspect of mental health-psychiatric nursing; the purposeful use of the self in the performance of care is the artful aspect. The goal is preventative and corrective impact upon mental illness and the restoration of optimal mental health for individuals. Group 2 course.

Credit Hours

2

Contact Hours

2

Lecture Hours

2

Required Prerequisites

HNR 125 and HNR 107 with a grade of 2.5 or higher; HNR 126 with a grade of S

Corequisites

HNR 252

Course Learning Outcomes

Knowledge:
- Describe the evolution of nursing in psychiatric settings.

Application:
- Use anxiety and the mental health continuum as a conceptual framework.

Integration:
- Describe factors that can affect the mental health of an individual.

Human Dimension:
- Demonstrate an understanding of group behavior.
- Illustrate the relationships between social norms, ethics, patients' rights, societies' rights, and mental deviation.

Caring - Civic Learning:
- Express and understanding of the cultural uniqueness of the clients in the application of the nursing process.

Learning How to Learn:
- Integrate effective communication within the nurse-client relationship.