

# HNR 125 - LIFESPAN NURSING LECTURE

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## Course Description

Presentation of nursing management of health care issues related to uncomplicated pregnancy, birth, and neonatal period. Introduction of nursing management of common health alterations found in both chronically and acutely ill clients across the lifespan. Emphasis will be made on utilizing evidence-based practice to identify appropriate nursing interventions to achieve the desired outcome for the client based on their developmental level across the lifespan. Group 2 course.

## Credit Hours

5

## Contact Hours

5

## Lecture Hours

5

## Required Prerequisites

BIO 228, HAH 100C, HNR 101, and HNR 106 with a grade of 2.5 or higher; HNR 102 with an S

## Corequisites

HNR 107, HNR 126

## Course Learning Outcomes

### Knowledge:

- Recognize appropriate alterations in the normal care of pre- intra- and post-operative clients at different developmental age levels throughout the life span.
- Discuss basic pathophysiologic changes resulting in common medical and surgical disorders and associated symptoms. Discussion will include differences in the pediatric, adult, and geriatric client.
- Describe developmental and physical changes that occur throughout adulthood and advanced age.

### Application:

- Implement effective communication strategies to promote effective interdisciplinary collaboration.
- Discuss nursing interventions in relation to the promotion of health, self care, and goal-attainment for clients of various age/ developmental levels who are experiencing various common, non-complex medical/surgical disorders.
- Discuss commonly occurring, acute health alterations of childhood and associated nursing care.
- Discuss application of the nursing process to pediatric, adult, and geriatric clients experiencing health alterations.

### Integration:

- Recognize risk factors and signs, symptoms of complications that can interfere with normal pregnancy.
- Describe the process of normal pregnancy and nursing interventions to promote optimal health and family adjustment during this period.

- Discuss impact of hospitalization and developmentally appropriate nursing interventions to promote optimal coping.
- Identify safe nursing interventions in the provision of nursing care across the lifespan.

### Human Dimension:

- Discuss psychological, physiological, and learning needs of family members adjusting to birth and early neonatal period.
- Describe the process of reproduction, conception, and its impact on family members.

### Caring - Civic Learning:

- Recognize indicators of dysfunctional family interaction patterns.

### Learning How to Learn:

- Discuss nursing role in promoting optimal health throughout child and adulthood.