

ENG 107 - ACADEMIC STUDY METHODS

Course Description

This course is designed to provide students with the strategies necessary to succeed in college. Participants will examine the characteristics of successful students as well as learn strategies for taking greater responsibility for their own learning. Additionally, the course will provide ways of developing greater intrinsic motivation, increased perseverance, and more effective time management skills, as well as help them discover and revise limiting beliefs and self-defeating behaviors. Practical skills will include a variety of note taking and study strategies as well as confident and effective test preparation. Group 2 course.

Credit Hours

2

Contact Hours

2

Lecture Hours

2

General Education Outcomes supported by this course

Communications - Direct, Critical Thinking - Direct