

# PSYCHOLOGY (PSY)

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## **PSY 100 - Career Exploration & Planning**

**Credit Hours: 1, Contact Hours: 1**

Division: Social Science

Planning a career can be challenging because of the unknown. This course is designed to introduce the student to career and life planning theories and concepts and assist in applying these principles to their own lives. A variety of techniques will be used to accomplish this including self-assessment of skills, values, interests, personality type, and strengths. Development of goal setting and decision making skills will be included to assist students in taking charge of their career direction. Group 2 course. Communications - Direct, Critical Thinking - Direct.

## **PSY 101 - Introduction to Psychology**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

This course provides a broad, general introduction to psychology, its basic subject matter, and its approaches to gathering and evaluating evidence about the causes and correlates of behavior. It includes: a) awareness of major psychological approaches to the study of the behavior of organisms; b) knowledge of its important contributors; c) knowledge of research findings, and concepts; d) understanding of its methodology and limitations. Group 1 course. Critical Thinking - Direct. Recommended Prerequisites: Placement into ENG 111/11

## **PSY 211 - Developmental Psychology**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

This course presents human development from conception to death including the historical and anthropological basis for studying development. The course includes hereditary factors as well as physical, social, linguistic, intellectual, and personality development. Group 1 course. Critical Thinking - Direct.

Required Prerequisites: PSY 101

Recommended Prerequisites: Placement into ENG 111/11

## **PSY 221 - Psychology of Personality**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

This course provides a presentation of the concepts, perspectives and terminology of major theorists in the field of personality psychology, as students explore the many psychological, physiological, social and cultural factors that affect personality development. Students are encouraged to evaluate personality theories in relation to current research and application. Group 1 course. Critical Thinking - Direct.

Required Prerequisites: PSY 101

Recommended Prerequisites: Placement into ENG 111/11

## **PSY 223 - Intro to Social Psychology**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

This course is an introduction to social psychology theory and research, covering the interactions of individuals and the relationships of individuals to groups. This course includes such topics as social influence, attitudes, socialization, aggression, prejudice, attraction, obedience, conformity, altruism, person perception, and personality. Group 1 course. Critical Thinking - Direct.

Required Prerequisites: PSY 101 or SOC 101

Recommended Prerequisites: Placement into ENG 111

## **PSY 225 - Human Sexuality**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

Human Sexuality offers an introduction to all facets of the field, and involves discussions of theory, research, and practical information. The purpose of the course will be to develop a critical awareness of the dominant issues in the field and to refine the student's sense of sexual responsibility and integrity. This will be accomplished by exploring the biological, social, cultural, psychological, and personal elements of sexuality. Group 1 course. Critical Thinking - Direct, Infused: Writing Intensive.

Recommended Prerequisites: PSY 101, placement into ENG 111.

## **PSY 231 - Psychology of Adjustment**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

First, this course will provide the student with a broad introduction to the psychology of adjustment that investigates the processes involved in the dynamic interactions of the individual with his or her environment. Second, this course is designed to present procedures by which the student can harness the principles of learning and rational self-counseling in order to achieve personal goals. Group 1 course. Critical Thinking - Direct.

Required Prerequisites: PSY 101

Recommended Prerequisites: Placement into ENG 111

## **PSY 250 - Abnormal Psychology**

**Credit Hours: 3, Contact Hours: 3**

Division: Social Science

In this course students will create a working vocabulary of the basic concepts of psychopathology, critically analyze theories and therapies, develop empathy toward the mentally ill and their families, and uncover strategies for living emotionally healthy lives. They will communicate their understanding in a variety of ways and develop strategies for self-assessment of progress toward course outcomes. Group 1 course. Communications - Direct, Critical Thinking - Direct, Infused: Writing Intensive.

Required Prerequisites: PSY 101

Recommended Prerequisites: Placement into ENG 111

## **PSY 290A - Academic Service/Internship**

**Credit Hours: 1-4, Contact Hours: 1-4**

Division: Social Science

Communications - Direct.